

## Colonic Saskatoon

Colonic Saskatoon - A colon hydrotherapy is a process that works to gently flush water in the rectum to help get rid of mucus and toxins from the colon. Also known as colon irrigation, colonic irrigation or colonics, the colon hydrotherapy treatment can be used to treat constipation, help loose tight colon muscles, strengthen the colon, to be able to clean the colon through periods of fasting, and to be able to assist in the detoxification process. Colonics are indicated when there is an rise of mucus and toxicity levels in the body. Depending on the patient's condition, either warm or cool water could be utilized.

While a lot of conditions will show a benefit to colon cleansing, there are some cases where this kind of treatment is not utilized. Possibly life-threatening or very serious colon conditions that affects a patient like intestinal obstruction, intestinal bleeding or swollen hemorrhoids are particular times when colon hydrotherapy is not used. Colon hydrotherapy is likewise contraindicated in hypertension and being pregnant.