

RMT Saskatoon

RMT Saskatoon - Aura Cleansing - Cleansing the auric field could be performed by means of the healers hands or by utilizing crystals. The purpose is to eliminate blockages of energy or dark energies within the auric field. The healer afterward infuses the aura with light, rebalances and reshapes it and finally energizes it with positive energy.

BioGenesis - The process of BioGenesis is done making use of colored glass wheel that are able to harness energy and transfer the created energy into your energy body. The BioGenesis healer will usually have you lie on a table and try to get you to a point of deep relaxation. He or she places the small glass wheels on different areas of your physical body to be able to anchor the light of creation in your energy body.

Chakra Healing - Chakra energy healing works through opening up the channels which connect to your chakra centers clearing out blockages of energy which has been blocked deep in the core of your energy body. This particular energy healing is done in a variety of methods and is can be effectively combined along with Emotional Freedom technique tapping and Rapid Eye Movement therapy.

Crystal Healing - Crystal healing could be performed making use of various semi-precious and precious stones and crystals so as to assist in the getting rid energies, bringing your energy body in balance with your physical body. By combining the vibration frequency of different colored stones along with the vibratory frequency of crystal energy helps adjust your energy field to a higher level.

Matrix Energetics - Created by Chiropractor Dr. Richard Bartlett, Matrix Energetics was designed to the idea of moving past healing concepts to the source called the solution set. The techniques depend on active imagination, gentle touch, the two point system archetype, even time travel as well as a set of 21 healing frequencies.

Qigong - Translating as "energy cultivation", Qigong is a set of practices focusing on breathing methods. In the Qigong method, there are four various kinds of methods.: the active movement, static hold of certain posture, focused visualization as well as using particular tools like body manipulations and herbs. These techniques are used so as to rebalance an support a healthy energy system.

Reiki - In nineteen twenty two, the Japanese Buddhist Mikao Usui received or "discovered" - Reiki. These energy healers pass through a system of three degree levels. Each level works directly with the energy body. In Reiki, there are a series of set hand patterns over particular body parts. Usually, in Reiki there is no physical contact involved although, several Reiki practitioners can make use of some light touch over areas.

Shamanic Healing - Shamanic energy healers make use of spirit allies to assist their healing powers for others. usually, a Shamanic healing begins by taking a "visualization journey" while the Shaman rapidly beats a drum. In the end, the client and the Shaman are in a trance like condition. As soon as they have both relaxed into the trance state, the Shaman who is usually lying or sitting beside the client, would encounter angels, spiritual helpers, animal totems or the client's higher self to be able to find the problem within the energy field and source the energy tools needed to be able to cure the concern.