

Registered Massage Therapist Saskatoon

Registered Massage Therapist Saskatoon - Somebody who works with energy fields surrounding the animal or human body is actually referred to as an energy healer. The fields of energy that surround living things have been known as chakra energy, aura body, chi, qi, or the energy body. To an energy healer, the term is not as essential as the effects of working with it.

Energy healing is an integral aspect of any holistic healing plan since our energy fields are basically related to our overall well-being. Energy work is associated with the gateway of the Spirit. The Body Gateway is linked with physical healing, the Mind Gateway is related to emotional and mental healing and the Spirit Gateway is related with energy healing.

It is commonly believed by lots of energy healers that all dis-ease begins from and can be healed through working together with the energy body. For instance, if you have respiratory concerns, you might have a block around your lungs. After an energy healer unblocks that particular area, your respiratory issues must vanish or decrease.

Depending on the system they work with, energy healers operate in different ways. The basics are as follows: unblocking, re-routing, charging with light and exorcizing negative fields. Your local spiritual bookstore or metaphysical store may be able to put you in touch with an energy healer if you feel this might be for you.